

UPCOMING PPG EVENT CANCER PREVENTION AWARENESS DAY

22nd June 2019 12pm - 4pm

SIGNS AND SYMPTOMS OF CANCER THAT WOMEN SHOULDN'T IGNORE

- BREAST CHANGES
- ABNORMAL BLEEDING PATTERN
- PELVIC/ ABDOMINAL PAIN
- LOSS OF APPETITE
- VAGINAL BUMP & ITCHING
- NON-BLOODY VAGINAL DISCHARGE
- LOW HEMOGLOBIN

To explore more, visit www.Top10HomeRemedies.com

BOWEL CANCER RISK FACTORS

50+

Aged over 50



Inherited genetic risk factor



Poor diet and lack of exercise



Smoking



A waistline of over 94cm for men and 80cm for women



A strong family history of bowel cancer



A serious inflammatory bowel disease for more than eight years



cancervic.org.au/bowel



Cancer Council



WATCH THIS SPACE